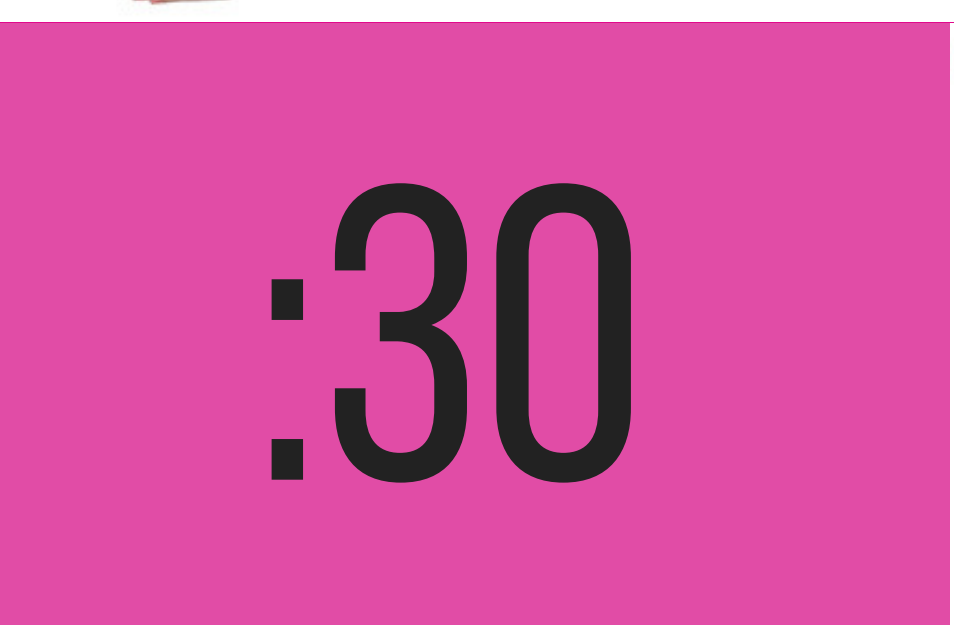


6-minute YOGA for better abs

GET HEALTHY 



:30



:30



**:30
(EACH LEG)**



**:30
(EACH SIDE)**



Repeat 2x!