

# THE BEST THINGS TO BUY AT COSTCO

GET HEALTHY 



## PRODUCE

- Organic Apples
- Organic Blackberries
- Organic Raspberries
- Avocados
- Organic Power Greens
- Kale Superfood Salad
- Organic Baby Carrots
- Organic Broccoli
- Organic Baby Spinach

## REFRIGERATED

- Organic Wholly Guacamole
- Fage Greek Yogurt
- Holy Land Hummus
- Organic Milk
- 2-Minute Grains
- All Natural Ground Turkey
- Organic Orange Cranberry Naked Juice
- Organic Oven Roasted Turkey Breast
- Basil Pesto
- Love Beets Organic Cooked Beets
- Organic Boneless Skinless Chicken Breasts/Thighs
- Organic Eggs
- Organic Hard Boiled Eggs
- Organic Salted Butter
- Organic Unsalted Butter
- Organic Eggs

## FROZEN

- Grass Fed Beef Patties
- Organic Quinoa & Kale
- Boneless Skinless Chicken Breasts

## PANTRY

- Old Fashioned Oats
- Organic Unsweetened Almond Milk
- Organic Coconut Water
- Almond Butter
- Peanut butter
- Cashew Butter
- Peanut Butter Powder
- Organic Virgin Coconut Oil
- Organic Golden Flax Seed
- Organic Quinoa
- Organic Chia Seeds
- Amy's Organic Lentil Soup
- Seeds of Change Brown & Red Rice Packets
- Organic Apple Sauce
- Organic Maple Syrup
- Organic Chopped Barley & Vegetable Soup

## YOUR FAVORITES